



# Harvest Fresh

We are the freshperts!

251 E Third Street • McMinnville, OR 97128

**503-472-5740**

[www.harvestfresh.com](http://www.harvestfresh.com) • [health@harvestfresh.com](mailto:health@harvestfresh.com)

**January 1st - 31st 2026**



WARM WISHES FROM  
OUR TEAM.  
**"WISHING YOU A  
HAPPY AND  
HEALTHY NEW  
YEAR!"**

Post holiday sale  
20% off frozen foods



California Olive Ranch  
Extra Virgin Olive Oil  
100% California  
16.9 FL OZ

**\$18.99**



Nancy's  
Organic Low Fat  
Yogurt  
Plain  
32 OZ

**\$5.99**



Cascadian Farm  
Organic Frozen  
Strawberries  
10 OZ  
Selected Varieties

**\$4.19**



Almond Breeze  
Almondmilk  
Original  
64 FL OZ  
Selected Varieties

**\$4.49**



Bluebonnet  
Wellness Support  
30 Caplet

**\$9.99**

Jovial  
100% Organic Brown Rice  
Pasta  
Lasagna  
9 OZ



**\$3.99**



La Croix  
Sparkling  
Water  
Lemon  
8/12 FL OZ

**\$4.49**



RW Knudsen Family  
Sparkling  
Cider  
Crisp Apple  
750 ML

**\$3.99**

Califia Farms  
Organic Almondmilk  
Unsweetened  
48 FL OZ  
Selected Varieties

**\$5.49**



Califia Farms  
Organic Coconutmilk  
Unsweetened  
48 OZ

**\$5.49**



Lightlife Foods  
Smart Bacon  
5 OZ

**\$4.49**



Lightlife Foods  
Organic Tempeh  
Strips  
Original  
8 OZ  
Selected Varieties

**\$3.79**



Lightlife Foods  
Organic Tempeh  
Strips  
Smoky Bacon  
6 OZ

**\$4.99**



**\$4.49**

Miso Master  
Organic Miso  
Mellow White  
16 OZ

**\$10.29**



Wildwood Natural  
Foods  
Organic Tofu  
Twin Pack  
Extra Firm  
15.5 OZ

**\$3.49**



Lifeway  
Whole Milk Kefir  
Plain  
32 FL OZ  
Selected Varieties

**\$4.99**

Greek Gods  
Greek Yogurt  
Plain Traditional  
24 OZ

**\$4.29**



**\$6.99**

Tofurky  
Plant-Based Deli  
Slices  
Roasted Turk'y  
5 OZ



Cascadian Farm  
Organic Frozen  
Potatoes  
Spud Puppies  
16 OZ  
Selected Varieties

**\$4.49**



Cascadian Farm  
Organic Frozen  
Blueberries  
8 OZ  
Selected Varieties

**\$4.19**



Dr. Praeger's  
Veggie Burgers  
Black Bean Quinoa  
10 OZ  
Selected Varieties

**\$5.99**

Quorn Foods  
Meatless Chiqin  
Cutlets  
Kickin'  
9.2 OZ

**\$4.99**



Food For Life  
Organic Ezekiel  
4:9 Bread  
Sprouted Whole  
Grain  
24 OZ  
Selected Varieties

**\$5.79**



Rudi's Rocky Mountain  
Bakery  
Organic Bread  
Rocky Mountain  
Sourdough  
18 OZ

**\$3.99**

Rudi's Rocky Mountain  
Bakery  
Organic Bread  
Rocky Mountain  
Sourdough  
18 OZ

**\$3.99**

Quorn Foods  
Meatless Roast  
Turkey-Style  
16 OZ

**\$9.99**





Celestial Seasonings  
Herbal Tea  
Mint Magic  
20 BAG

**2/\$7**



Thai Kitchen  
Coconut Milk  
Unsweetened  
13.66 FL OZ

**\$2.79**

Eternal Naturally  
Alkaline  
Spring Water  
Naturally Alkaline  
1.5 LTR



**2/\$4**

Wild Tonic  
KOMBUCHA,  
JUNOG  
TROPICAL  
TUMERIC  
12 FL OZ



**\$3.99**

Vita Coco  
Coconut  
Water  
Original  
1 LT  
Selected  
Varieties



**\$4.79**

Bragg  
Organic Apple  
Cider Vinegar  
Refresher  
Ginger Lemon  
Honey  
16 FL OZ  
Selected Varieties



**2/\$6**

Orgain  
Organic  
Nutrition  
Protein  
Shake  
Vanilla Bean  
11 FL OZ  
Selected Varieties



**\$2.79**

Orgain  
Organic Kids  
Protein Shake  
Chocolate  
8.25 FL OZ  
Selected Varieties



**\$2.19**

Waterloo  
SPARKLING WATER  
WATERMELON  
8/12 FL OZ



**\$4.49**

Stumptown  
Cold Brew  
Coffee  
Original  
10.5 FL OZ



**\$3.99**

Celestial Seasonings  
Herbal Tea  
Chamomile  
20 BAG  
Selected Varieties

**2/\$7**



Rishi  
Organic  
Tea  
Earl Grey  
15 BAG  
Selected  
Varieties

**\$6.79**

Prince Of Peace  
Ginger Chews Plus  
Original  
3 OZ



**\$3.79**

Stash Tea  
Caffeine Free  
Herbal Tea  
Lemon Ginger  
20 BAG



**\$3.49**

Prince Of  
Peace  
Ginger  
Chews  
Blood Orange  
4 OZ  
Selected  
Varieties



**2/\$5**

Protein Puck  
Protein Bar  
Good Vibes  
3.25 OZ



**\$1.99**

Larabar  
Fruit & Nut Bar  
Cashew Cookie  
1.7 OZ

**4/\$5**



Rxbar  
PROTEIN  
BAR  
VANILLA  
ALMOND  
1.83 OZ



**\$1.99**



Divina  
PEPPERS,  
OG SWEET  
FIRE  
ROASTED  
16.2 OZ

**\$5.99**



Divina  
Olives  
Pitted  
Kalamata  
6 OZ

**\$5.99**



Pacific Foods  
SOUP, OG  
CHICKEN  
WILD RICE  
16.3 OZ

**\$4.49**



Imagine  
Foods  
Organic  
Soup  
Creamy  
Tomato  
32 OZ

**\$4.49**



Imagine  
Foods  
Organic  
Chicken  
Broth  
Free Range  
32 FL OZ

**\$3.49**



Jovial  
100%  
Organic  
Brown Rice  
Pasta  
Penne Rigatoni  
12 OZ

**\$3.79**



Spectrum  
Naturals  
Organic  
Coconut  
Oil  
Refined  
14 FL OZ

**\$6.99**



Lakanto  
Monkfruit  
1:1 Sugar  
Substitute  
Classic  
28.22 OZ

**\$12.99**



Lucini Italia  
Extra Virgin  
Olive Oil  
Everyday  
1 LTR

**\$23.99**



Maranatha  
Natural Foods  
Organic  
Peanut  
Butter  
Crunchy, No  
Stir  
16 OZ

**\$5.29**



Muir Glen  
Organic  
Tomato  
Sauce  
Regular  
15 OZ

**2/\$5**



**2/\$5**

Muir Glen  
Organic  
Pizza  
Sauce  
Low Fat  
15 FL OZ



Muir Glen  
Organic  
Pasta  
Sauce  
Tomato  
Basil  
23.5 FL OZ

**\$3.99**



Annie's Homegrown  
Macaroni  
& Cheese  
Shells & White  
Cheddar  
6 OZ  
Selected Varieties

**2/\$5**



**\$1.99**

Annie's  
Homegrown  
Microwavable  
Mac &  
Cheese Cup  
Real Aged  
Cheddar  
2.01 OZ



Thai Kitchen  
Coconut  
Whipping  
Cream  
13.66 FL OZ

**\$3.99**



Near East  
Rice Pilaf  
Roasted Chicken  
& Garlic  
6.3 OZ  
Selected Varieties

**2/\$5**



Near East  
Couscous  
Mix  
Original  
10 OZ

**2/\$5**

Safe Catch  
Wild Ahi Tuna  
Yellowfin  
5 OZ



**\$3.99**



Spectrum  
Naturals  
Organic  
Mayonnaise  
Olive Oil  
12 OZ

**\$6.49**



Namaste  
Foods  
Allergen &  
Gluten  
Free  
Baking  
Mix  
Pizza Crust  
16 OZ

**\$6.49**



Namaste  
Foods  
Perfect  
Flour  
Blend  
48 OZ

**\$12.49**



Spectrum  
Naturals  
Organic  
Canola Oil  
Refined  
32 FL OZ

**\$10.99**



Lucini Italia  
Extra Virgin  
Olive Oil  
Everyday  
16.9 FL OZ

**\$17.79**



Spectrum Naturals  
Organic  
Olive Oil  
Extra Virgin  
25.4 FL OZ

**\$16.49**

# SNACKS

Annie's Homegrown  
Organic Cheddar  
Squares  
White Cheddar  
7.5 OZ

**\$4.29**



Annie's Homegrown  
Organic Snack  
Crackers  
Super Cheesy Cheddar  
Bunnies  
7.5 OZ

**\$4.29**



Annie's Homegrown  
Organic Graham  
Sandwiches  
S'mores  
8 OZ

**\$5.29**



Boulder Canyon  
Avocado Oil  
Wavy Chips  
Cheddar Sour Cream  
5.5 OZ

**\$3.79**



Hippeas  
CHICKPEA  
PUFF,WHITE  
CHEDDAR  
4 OZ

**\$4.49**



Honey Stinger  
Organic Waffles  
Honey  
1.06 OZ

**2/\$3**



Lundberg Family Farms  
Organic Brown Rice Cakes  
Lightly Salted  
8.5 OZ  
Selected Varieties

**2/\$8**



Garden Of Eatin'  
Organic Tortilla Chips  
Yellow Corn  
14 OZ

**\$4.79**



Garden Of Eatin'  
Tortilla Chips  
Blue Corn  
14 OZ

**\$4.79**



Epic  
PORK RINDS,HOT  
& SPICY  
2.5 OZ

**\$3.49**



Lenny & Larry's  
Complete  
Cookie  
Chocolate Chip  
4 OZ

**\$2.19**



Terra Chips  
Vegetable Chips  
Original  
5 OZ

**\$3.29**

Epic  
Chicken Bar  
Sriracha  
1.3 OZ



**\$2.49**



Skinnydipped  
Dipped Almonds  
Dark Chocolate Cocoa  
3.5 OZ

**\$4.49**



Terra Chips  
Sweet Potato  
Chips  
No Salt Added  
6 OZ

**\$3.29**

# BULK



## BULK DRIED FRUIT

Organic Fruit  
Sweetened  
Cranberries

**7.29/lb**



## BULK DRIED FRUIT

Organic Dates  
Large Medjool

**7.89/lb**



**BULK DRIED FRUIT**  
Organic Raisins  
Flame

**2.99/lb**



## BULK PEAS AND BEANS

ORGANIC  
Organic Beans  
Garbanzo Chickpea

**2.79/lb**



## BULK PEAS AND BEANS

ORGANIC  
Organic  
Split Red Lentils

**2.59/lb**



**BULK GRAINS**  
Organic Amaranth

**2.79/lb**



**BULK GRAINS**  
Organic Quinoa  
Red Royal

**4.19/lb**



Bulk Nuts  
100% Organic Raw  
Almonds

**9.09/lb**



Bulk Seeds  
100% Organic  
Chia Seeds  
Black

**2.69/lb**



Bulk Seeds  
Organic Pumpkin  
Seeds

**4.79/lb**



**\$6.29**



**\$4.79**

Cascadian Farm  
Organic Granola  
Oats & Honey  
11 oz



**\$4.99**

Cascadian Farm  
Organic Cereal  
Hearty Morning  
14.6 oz

**\$4.99**



Barbara's  
Puffins  
Cereal  
Peanut Butter  
11 oz



**\$3.99**



Bob's Red Mill  
Whole Grain  
Rolled Oats  
Extra Thick  
32 oz

**\$3.79**

Bob's Red Mill  
Organic Oats  
Steel Cut  
24 oz

**\$5.49**



Bob's Red Mill  
OATS, OG  
STEEL CUT  
QUICK COOKING  
22 oz



**\$3.79**



Tiger Balm  
Pain Relieving  
Ointment  
Ultra Strength  
18 GRM

**\$7.49**



Dr. Bronner's  
All-One Toothpaste  
Peppermint  
5 OZ  
Selected Varieties

**\$5.49**



Orgain  
Organic  
Protein Powder  
Vanilla Bean  
1.02 LB

**\$22.99**



Orgain  
Organic Superfoods  
Protein Powder  
Creamy Chocolate Fudge  
2.02 LB

**\$39.99**



Spectrum Naturals  
Organic Virgin  
Coconut Oil  
Unrefined  
14 FL OZ

**\$8.79**



Herbatint  
Permanent Herbal  
Haircolor Gel  
4N Chestnut  
4.56 FL OZ

**\$15.99**



Traditional Medicinals  
Organic Throat Coat  
Lozenges  
Eucalyptus Mint  
16 CT  
Selected Varieties

**2/\$8**



Traditional Medicinals  
Organic Throat Coat  
Lozenges  
Sweet Orange Fennel  
16 CT  
Selected Varieties

**2/\$8**



Traditional Medicinals  
Organic Throat Coat  
Lozenges  
Lemon Ginger Echinacea  
16 CT  
Selected Varieties

**2/\$8**



Dr. Bronner's  
Castile Soap  
Eucalyptus  
16 FL OZ

**\$9.99**



Yerba Prima  
Colon Care Formula  
12 OZ

**\$18.99**



Boiron  
Chestal  
Cough Syrup  
Kids Honey  
6.7 FL OZ  
Selected Varieties

**\$8.99**



Four Sigmatic  
Organic Protein  
Powder  
Vanilla  
21.16 OZ  
Selected Varieties

**\$29.99**



Neocell  
Beauty Bursts  
Gourmet Collagen  
Chews  
Super Fruit Punch  
60 CHEW

**\$24.99**



Boiron  
Chestal  
Cough Syrup  
Honey  
6.7 FL OZ  
Selected Varieties

**\$8.99**

Flora

**FERRITIN**  
PLANT-BASED  
IRON  
30 CAPS



**\$27.99**

Bluebonnet  
Vitamin C, D3 &  
Zinc  
50  
**\$9.99**



Bluebonnet  
Liver  
Detox  
30 Veg  
Caplets  
**\$24.99**



Aura Cacia  
TOILET  
SPRAY  
CITRUS  
BURST  
2 FL OZ



Green Forest  
Facial Tissues  
175 CT



**\$2.99**

*Carlson*  
Nutritional Supplements

Bluebonnet  
Prebiotic Probiotic 20  
Billion CFU  
30



**\$19.99**

Bluebonnet  
Nac 500 Mg  
60 Veg Caplets



**\$17.99**

Carlson  
Evening Primrose Oil  
50 softgels



**\$12.99**

Carlson  
Evening Primrose Oil  
90 softgels



**\$21.99**



Hours: Monday-Friday 8-8 • Saturday 8-7 • Sunday 10-7

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