

Espresso

We use Allan Bros. Coffees exclusively in our espresso drinks.
Coffee drinks are made to order in 8, 12, 16 oz. sizes.
Extra shots \$1 each. Make any drink iced, add .25t.

| | Single | Double |
|--------------------|--------|------------|
| Cafe Espresso | 3.00 | 4.00 |
| Cafe Americano | 3.00 | 4.00 |
| Cappuccino | 3.25 | 4.25 |
| Cafe Latte | 3.25 | 4.25 |
| Cafe Mocha | 3.50 | 4.50 |
| Breve | 4.25 | 4.75 |
| Steamed Milk | 2.50 | 3.00 |
| Hot Chocolate | 4.00 | 5.00 |
| StashTea | 3.00 | |
| Coffee | 2.00 | 3.00 |
| Iced Tea | 3.50 | |
| Chai | 4.00 | 5.00 |
| | .50 | |
| Add Flavored Syrup | .25 | Extra Shot |
| Add Ice | | \$1 |

Dairy Subs

When cow milk just won't do!

| | |
|----------------------|------|
| Soy Milk | 1.00 |
| Almond Milk | 1.25 |
| Hemp or Coconut Milk | 1.50 |

Smoothies

Only the freshest fruits and vegetables are used to make these delicious and healthy fresh squeezed juices, blends and smoothies!

| | |
|----------------------------|------|
| Juice Smoothies | 7.00 |
| Orange-Pineapple_Banana | |
| Apple-Ginger-Coconut Water | |
| Pear-Blueberry | |

| | |
|-------------------------|------|
| Yogurt Smoothies | 7.50 |
| Orange-Cream | |
| Strawberry-Mango-Banana | |
| Mango-Coconut | |

Veggie Juices

Only the freshest vegetables are used to make these delicious and healthy fresh squeezed juices!

| | |
|--------------------------|------|
| Carrot Juice* | 5.75 |
| Beet Juice* | 6.75 |
| Celery Juice* | 5.75 |
| Cucumber Juice | 5.75 |
| Green Lemonade | 6.50 |
| Carrot-Celery-Beet Blend | 6.75 |
| Carrot-Apple Blend* | 6.50 |
| Super Veggie Combo | 6.75 |

*Organic

Fruit Juices

Only the sweetest, ripest fruits are used to make these yummy and healthy fresh squeezed juices!

| | |
|------------------------|------|
| Orange Juice* | 5.75 |
| Grapefruit Juice | 6.25 |
| Apple Juice* | 5.75 |
| Grape Juice | 5.75 |
| Orange-Carrot Blend* | 5.75 |
| Pear-Apple Blend | 6.25 |
| Pear-Grape-Apple Blend | 6.75 |
| Apple-Lime | 6.25 |

*Organic

Juicy Extras

Add a little something extra to our fresh squeezed juices, blends and smoothies!

| | |
|----------------|------|
| Strawberries | 2.00 |
| Ginger | 1.50 |
| Garlic | 1.50 |
| Peanut Protein | 4.00 |
| Protein Powder | 4.00 |
| Spirulina | 4.00 |
| Ginseng | 3.00 |
| Kale | 2.50 |



Deli Menu Enjoy Here or To-Go!

Call ahead and we'll have it ready for you.

503.472.5740

251 NE Third Street • McMinnville

HarvestFresh.com



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Soups

Our soups are house-made, fresh daily using only the finest ingredients.
Vegan and gluten free option daily.

Cup 4.95

Bowl 5.95

Salads

All of our salads are created by hand using only the freshest ingredients available.

Side Deli Salad 5.00

Choose from a wide assortment

Side Deli Salad with Bread 5.50

Your choice plus bread & butter

Mixed Greens Salad sm 6.00 lg 8.00

Fresh greens with choice of dressing

Salad Sampler 10.00

Choice of 3 deli salads and bread

Caesar Salad 9.00

Classic Caesar with vegan garlic dressing

Chef Salad 9.00

Ham, turkey, cheddar and swiss cheeses, olives, sunflower seeds and alfalfa sprouts

Cobb Salad 10.00

Mixed greens, nitrate-free bacon, Amish bleu cheese, boiled egg, fresh tomato and turkey

Soup and...

Try our delicious soup and a salad or sandwich.

Half Sandwich and Cup of Soup 10.00

Cup of Soup and Side Mixed Green Salad, with Bread 9.00

Sandwiches

Our hearty sandwiches are crafted with herb mayonnaise, lettuce, tomatoes and alfalfa sprouts.
Choice of multi-grain wheat, sourdough-white, rye swirl, pita pocket, baguette, bagel or croissant.
Add \$1 for bagel or croissant.

Half Whole

#1 Smoked Turkey Sandwich 6.50 10.50

Cream cheese & cranberry relish

#2 Avocado Sandwich 6.50 10.50

Cream cheese, cucumbers, olives and sunflower seeds

#3 Roast Chicken Sandwich 6.50 10.50

Provolone cheese and walnut basil pesto

#4 Curried Chicken Salad Sandwich 6.50 11.00

Our tasty chicken salad with curry

#5 Marinated Baked Tofu Sandwich 6.50 10.50

Fresh vegetables in our tahini dressing

#6 Black Forest Ham Sandwich 6.50 11.00

Havarti cheese and honey dijon mustard

#7 Focacce Sandwich 6.50 10.50

Roasted eggplant, hummus, cucumber, tomato and onions on focacce

#8 Roast Beef Sandwich 7.00 11.50

New York cheddar cheese and roasted garlic mayonnaise on a baguette

#9 Tuna Sandwich 6.50 11.00

Albacore tuna with green olives and pickles

Bagels

Baked in-house, fresh daily.

Toasted Bagel with butter 4.00 **Half Sandwich** 12.00

Toasted Bagel with cream cheese 5.00 **Half sandwich, side salad and cookie**

Toasted Bagel with salmon lox, cream cheese, lettuce, onion & tomato 12.00 **Whole Sandwich** 14.00

Boxed Lunches

Perfect to take on the go.

Half Sandwich 12.00

Half sandwich, side salad and cookie

Whole Sandwich 14.00

Whole sandwich, side salad, fresh fruit and cookie