

Espresso

We use Allan Bros. Coffees exclusively in our espresso drinks.
Coffee drinks are made to order in 8, 12, 16 oz. sizes.
Extra shots \$1 each. Make any drink iced, add .25¢.

	Single	Double
Cafe Espresso	2.00	2.50
Cafe Americano	2.00	2.50
Cappuccino	2.75	3.75
Cafe Latte	2.75	3.75
Cafe Mocha	3.00	4.00
Macchiato	3.50	4.25
Breve	3.75	4.75
Steamed Milk	2.00	3.00
Hot Chocolate	3.00	4.00
StashTea	2.50	
Coffee	1.75	2.50
Iced Tea	2.00	
Chai	3.50	4.50

Add Flavored Syrup	.50
Add Ice	.25

Dairy Subs

When cow milk just won't do!

Soy Milk	.50
Almond Milk	.75
Hemp or Coconut Milk	1.00

Smoothies

Only the freshest fruits and vegetables are used to make these delicious and healthy fresh squeezed juices, blends and smoothies!

Juice Smoothies	6.00
Orange-Pineapple_Banana	
Apple-Ginger-Coconut Water	
Pear-Blueberry	

Yogurt Smoothies	6.50
Orange-Cream	
Strawberry-Mango-Banana	
Mango-Coconut	

Veggie Juices

Only the freshest vegetables are used to make these delicious and healthy fresh squeezed juices!

Carrot Juice*	4.00
Beet Juice*	4.50
Celery Juice*	4.00
Cucumber Juice	4.00
Green Lemonade	4.75
Carrot-Celery-Beet Blend	4.75
Carrot-Apple Blend*	4.75
Super Veggie Combo	5.00

*Organic

Fruit Juices

Only the sweetest, ripest fruits are used to make these yummy and healthy fresh squeezed juices!

Orange Juice*	4.00
Grapefruit Juice	4.00
Apple Juice*	4.50
Grape Juice	4.00
Orange-Carrot Blend*	4.00
Pear-Apple Blend	4.50
Pear-Grape-Apple Blend	5.00
Apple-Lime	4.50

*Organic

Juicy Extras

Add a little something extra to our fresh squeezed juices, blends and smoothies!

Strawberries	1.50
Ginger	1.00
Garlic	1.00
Peanut Protein	3.00
Protein Powder	2.50
Spirulina	2.50
Ginseng	2.00
Kale	2.00



Deli Menu

Enjoy Here or To-Go!

Call ahead and we'll have it ready for you.

503.472.5740

251 NE Third Street • McMinnville

HarvestFresh.com



Soups

Our soups are house-made, fresh daily using only the finest ingredients.
Vegan and gluten free option daily.

Cup 4.00

Bowl 5.00

Salads

All of our salads are created by hand using only the freshest ingredients available.

Side Deli Salad

Choose from a wide assortment

3.50

Side Deli Salad with Bread

Your choice plus bread & butter

4.00

Mixed Greens Salad

Fresh greens with choice of dressing

sm4.00

lg 6.50

Salad Sampler

Choice of 3 deli salads and bread

8.00

Caesar Salad

Classic Caesar with vegan garlic dressing

lg 7.50

Chef Salad

Ham, turkey, cheddar and swiss cheeses, olives, sunflower seeds and alfalfa sprouts

7.50

Cobb Salad

Mixed greens, nitrate-free bacon, Amish bleu cheese, boiled egg, fresh tomato and turkey

8.00

Soup and...

Try our delicious soup and a salad or sandwich.

Half Sandwich and Cup of Soup

7.50

Cup of Soup and Side Mixed Green Salad

7.50

Sandwiches		
Our hearty sandwiches are crafted with herb mayonnaise, lettuce, tomatoes and alfalfa sprouts. Choice of multi-grain wheat, sourdough-white, rye swirl, pita pocket, baguette, bagel or croissant. Add .50 for bagel or croissant.		
Basic, Meat & Cheese	Half	Whole 6.00
#1 Smoked Turkey Sandwich Cream cheese & cranberry relish	4.50	7.00
#2 Avocado Sandwich Cream cheese, cucumbers, olives and sunflower seeds	4.50	7.00
#3 Roast Chicken Sandwich Provolone cheese and walnut basil pesto	4.50	7.00
#4 Curried Chicken Salad Sandwich Our tasty chicken salad with curry	5.00	7.50
#5 Marinated Baked Tofu Sandwich Fresh vegetables in our tahini dressing	4.50	7.00
#6 Black Forest Ham Sandwich Havarti cheese and honey dijon mustard	5.00	7.50
#7 Focacce Sandwich Roasted eggplant, hummus, cucumber, tomato and onions on focacce	4.50	7.00
#8 Roast Beef Sandwich New York cheddar cheese and roasted garlic mayonnaise on a baguette	5.50	8.00
#9 Tuna Sandwich Albacore tuna with green olives and pickles	5.00	7.50
Bagels		Boxed Lunches
Baked in-house, fresh daily.		Perfect to take on the go.
Toasted Bagel with butter	2.50	Half Sandwich 10.00 Half sandwich, side salad and cookie
Toasted Bagel with cream cheese	3.00	
Toasted Bagel with herbed cream cheese	3.50	
Toasted Bagel with salmon lox, cream cheese, lettuce, onion & tomato	7.00	Whole Sandwich 12.00 Whole sandwich, side salad, fresh fruit and cookie